

A Guide for Families

Together, we can prevent lead poisoning in our community!

An Invisible Threat: Lead Poisoning

Lead poisoning is a preventable environmental health issue, especially affecting children under 6 years old.

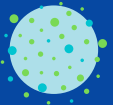
It can cause brain, liver, kidney damage, slowed development, lowered IQ, hearing loss, and more.

Common Sources:

Where to find lead



Peeling, chipping, cracking old paint in homes built before 1978



Lead dust from windows, doors, stairs, porches and friction on painted surfaces



Contaminated soil around homes



Drinking water from lead pipes and old plumbing



Imported ceramic dishes, pottery, and workplace exposure

Prevention:

Nutrition & Housekeeping

- Serve iron, calcium, and vitamin C-rich foods
- Practice healthy habits: hand-washing, shoe removal, washing toys, and wet mopping
- Hire certified professionals for lead removal in homes

Blood Testing...

The Only Way to Detect Lead Poisoning

- Critical for children aged 6 months to 2 years
- All children under 6 should be tested regularly
- Testing can be done at a pediatrician's office or public health clinic



Prevent Lead Poisoning
MILWAUKEE

There is No Safe Lead Level. Learn more about lead exposure and how to keep your family safe at preventlead.org.

